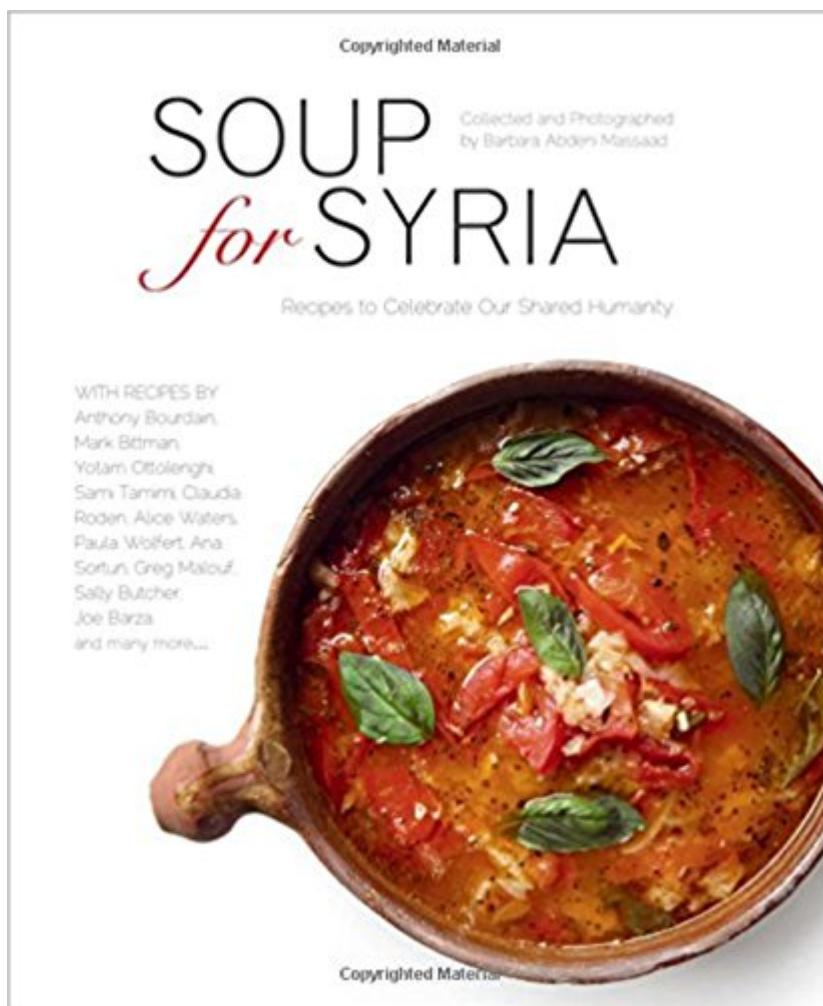


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# Soup For Syria: Recipes To Celebrate Our Shared Humanity



## Synopsis

The world has failed Syria's refugees and some of the world's wealthiest countries have turned their backs on this humanitarian disaster. Syria's neighbors - Lebanon, Jordan, Turkey, and Iraq - have together absorbed more than 3.8 million refugees. The need for food relief is great and growing. Acclaimed chefs and cookbook authors the world over have come together to help food relief efforts to alleviate the suffering of Syrian refugees. Each has contributed a recipe to this beautifully illustrated cookbook of delicious soups from around the world. Contributors include: Yotam Ottolenghi, Sami Tamimi, Anthony Bourdain, Alice Waters, Paula Wolfert, Claudia Roden, Chef Greg Malouf, Chef Alexis Coquelet, Chef Chris Borunda, Chef Alexandra Stratou, Necibe Dogru, Aglaia Kremenza, and many others. - Celebrity chefs contribute favorite recipes to help feed Syrian refugees - Fabulous soups from around the world - from hearty winter warmers to chilled summer soups - Easy-to-follow instructions with stunning color photos throughout - Recipes made with no-fuss ingredients found in your local supermarket All profits from the sales of the cookbook will be donated to help fund food relief efforts through various nonprofit organizations. Most Syrians hope that one day they will be able to return to their country and rebuild their lives. For now, though, what we can do is listen to their pleas. Be part of this vital work of saving lives and help us deliver essential food items to the displaced refugees.

## Book Information

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## Customer Reviews

Soup for Syria may be the most compelling cookbook ever created. Through her photographs and collected recipes, Barbara Massaad directly connects us with a people in dire need of our help. Just

holding this book is nourishment for the soul. Jim Clancy, former CNN Correspondent and Anchor, awarded A.H. Boerma medal for coverage of food and hunger issues by F.A.O. (U.N. Food and Agriculture Organization) Soup is the ultimate comfort food; war is not. Soup for Syria gently stirs the two together: a variety of comfort-ready recipes from well-known food writers and chefs share the pages with a variety of faces often smiling, always with eyes wide open of the Syrian refugee crisis. The intimate photographs are a gentle reminder of the discomforts beyond our kitchen; the recipes the opportunity to experiment with a global collection of soup ideas, particularly from the Mediterranean region that Syria is a part of. Little twists and turns with tomato, bean and pasta soups may inspire you to create your own variations, hot or cold, while other recipes introduce less familiar soup ingredients, like bulgur wheat, yogurt and verjuice. The requisite chicken soup is here, but this book is particularly comforting for vegetarians and vegans. As we indulge in these recipes, we pray for the day Syrians will once again be able to sit down together over a bowl of soup in their own kitchens. Alia Yunis, filmmaker and author of *The Night Counter* Soup is elemental, and it always makes sense, even when the world around us fails to. Anthony Bourdain *Soup* is the ultimate comfort food: nurturing, sustaining and all good things. One recipe is a drop in the ocean, but if awareness of the plight of the Syrian refugees is raised with each batch made and shared then that is a force for good. As well as being a delicious meal in and of itself. Yotam Ottolenghi and Sami Tamimi Whether we are in times of crisis or times of peace, gathering family and friends together around the table and sharing food is one of the most powerful and life-affirming acts we can do. And there is nothing more comforting and nourishing than a bowl of warm soup. Alice Waters *Soup for Syria* is a touching visual account of one s experience through the hardship of war. May this book bring a light of hope to everyone s heart and body and may peace be found very soon. Paula Wolfert There is hope that this marvelous collection of soup recipes from chefs all over the world will remind us of those in Syria who have lost their homes and so much more. Let us all make soup to create some relief and provide more outreach to those that are in need. Ana Sortun In Farsi, the word for chef is ash-paz someone who is capable of making ash, or herb soup. The ash dishes of Iran are held very dearly, and the act of making them is often regarded as an act of love or dedication. I would like to think that as you make this recipe you will remember those who are in exile from Syria, who have no kitchen or soup pot or indeed anyone for whom or with whom to make soup. Sally Butcher My hope is that this project is a success and the book helps to keep the plight of Syrian refugees in people s minds and that it will raise funds to alleviate their awful living conditions until their future is settled. *Pasta e fasioi* (Venetian dialect for beans ) is an old peasant dish in the Veneto. The soup varies from one city to another wide tagliatelle are used in Vicenza,

whole wheat noodles called bigoli in Verona, lasagne in Este and Padua, and thin fettuccine or small tubular pasta in other parts. I am so glad that it is part of this humanitarian project. - --Claudia Roden I've always believed that there is no better way to banish differences and bring people together than through sharing food... and soup is, perhaps, the ultimate shared dish. It's a small enough thing, to contribute a recipe, but perhaps the many small voices that have joined together in this lovely book can, together, sing a loud message of hope. Greg Malouf When I looked at the faces of those displaced children, all I could think of and see is the face of my own daughter. I immediately knew I had to help. If one child is helped because of this book and this recipe, then I have done my job as a chef, father, and human being. Chris Borunda This is a wonderful project, a book that is not just beautiful and useful... but in addition it has such an important purpose! I am happy to be part of it and hope it will find its way to kitchens all over the world, and so help feed the people in need... Aglaia Kremezi The moment I heard about Soup for Syria I was hooked. The tragedy of the Syrian people touches us all, but the more than 2.5 million refugees stuck in Lebanon cry out for concrete actions of solidarity. Again, we are all called upon to build bridges, and this book is there to connect us with the most vulnerable. Carlo Petrini, founder of Slow Food It was only natural for me to participate and give a helping hand in this project. I wanted to share and live this different human experience! And it was a great one made possible by the lovely people I met especially those refugees for whom this book project is intended. Patrick Herbeaux --.

Barbara Abdeni Massaad is a food writer, TV host, cookbook author, and a regular contributor to international cooking magazines. She is the author of Interlink's bestselling cookbook *Man'oushe : Inside the Street Corner Lebanese Bakery*. She won the the Gourmand Cookbook Award and the International Academy of Gastronomy Award for *Mouneh: Preserving Foods for the Lebanese Pantry*. Born in Beirut, Lebanon, she moved to Florida at a young age. She gained her real culinary experience while helping her father in their family-owned Lebanese restaurant *Kebabs and Things*. After moving back to Lebanon in 1988, and completing university there, she decided to pursue her passion for cooking. Determined to gain proper experience within the culinary world, Barbara trained with several renowned chefs at Lebanese, Italian, and French restaurants. She is also a founding member of Slow Food Beirut and an active participant in the International Slow Food movement. She lives in Beirut with her husband and three children.

Soup for Syria is a wonderful book on many levels. The recipes are delicious, yet simple to prepare; the photographs are beautiful; and the profits help people. I discovered this book because of my

theology class's concern about Syrian refugees. I bought ten copies----one for each member of the class. At the next meeting, we ate Greek Chickpea Soup with Lemon and Rosemary (page 77)----satisfying to body and soul. Other favorites are Carrot and Ginger Soup, Curried Cauliflower Soup, and Iranian Pomegranate Soup. I can't wait to try Green Asparagus Soup with Poached Eggs and Sautéed Shrimp.

Marvelous book with beautiful photos if its excellent recipes. Gave two as gifts. Pleased that buying this book benefits Syrian refugees, but it would be an excellent cookbook without that extra perk.

A very delicious book, but I'd say you have to be a bit adventurous-not terribly, but this is not a chicken noodle and tomato soup cookbook. There are quite a few vegetarian recipes, using a variety of vegetables. Lamb is also a popular ingredient in a few. I have made about three soups so far, sometimes with trepidation. They have all really tasted delicious !

Beautiful book and a worthy cause! The recipes, mostly vegetarian, are good, basic recipes and relatively easy to prepare. To date I've only made 3 or 4 of them and am reasonably happy with the results. I plan to not only make more of the soups in the book but have bought 3 additional copies to give as gifts. Recommend.

A wonderful, surprising fund raiser for Syrians, by people who care. Lovely photography, and tasty ingredients....get cooking friends.....

I tried some of the recipes and my family loved them. It's great to see how people eat from another part of the world and to explore that culture when travel isn't as viable an option.

This is a beautiful book, with images that are both heartwarming and heart-wrenching. I bought this book as a participant in a cookbook club soup swap event on meetup.com. At the event, I sampled about a dozen of the soups. Most were a bit on the bland side, including the roasted beet soup I made. So buy the book -- it's a great cause -- but know that you have to tinker with many of the recipes to build more flavor.

I have made 10 of the soups in this book, learned some things about people who give of their time and expertise, and enjoyed helping out because all of the proceeds from these recipes go to help

these battle worn people.

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